



Eye injuries

Eye injuries can be caused by foreign bodies such as dirt, liquids or impaled objects. The following advice will assist in the management of eye injuries.



For all medical emergencies dial 000 immediately and ask for Ambulance

- > In an emergency situation, dial 000 immediately and ask for Ambulance.

DEALING WITH EYE INJURIES

- > Never attempt to remove an impaled object.
- > Never exert pressure on the impaled object.
- > Do not replace an extruded eye — instead support it in a dampened cloth.
- > Gently rinse the eye if dirt, liquid or smoke is causing irritation.

- > If there is bleeding around the eye or eyelid use direct pressure on the bleeding but not on the eyeball itself.
- > Remove contact lenses if appropriate.
- > Apply some form of clean pad or shield to the injured eye leaving the good eye uncovered.
- > Stay calm.
- > If possible gently raise the head of the patient.
- > It is not uncommon for people with eye injuries to feel nauseous or to vomit.

FIRST AID COURSES

The Ambulance Service of New South Wales encourages everyone to learn first aid. This can give you the confidence to assist when someone is injured or ill. To enrol in a first aid course contact an accredited provider listed with the Workcover Authority.

For further information please contact: