



Children in cars

Leaving a child unattended in a car can be fatal as motor vehicles can heat up to extreme temperatures in a very short time. Note the following advice to keep your children safe



For all medical emergencies dial 000 immediately and ask for Ambulance

If you find a distressed child locked in a car dial 000 immediately and ask for Ambulance.

HEAT CAN KILL

No matter how quick you think you are going to be NEVER leave a child unattended in a car. Always take your child with you.

The temperature inside a car can soar to over 50 degrees within a few minutes.

- > A parent may be standing in a cool breeze nearby and not realise their child is suffering in a car.
- > Know your vehicle's locking system.
- > If it is safe to do so, open a door of the vehicle.
- > Stay with the child until the ambulance arrives.

FIRST AID COURSES

The Ambulance Service of New South Wales encourages everyone to learn first aid. This can give you the confidence to assist when someone is injured or ill.

To enrol in a first aid course contact an accredited provider listed with the Workcover Authority.

For further information please contact: